

Allison M. Sweeney

Curriculum Vitae

University of South Carolina
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EDUCATION

Postdoctoral Fellow 2016 - Present	University of South Carolina Department of Psychology
Ph.D. 2016	Stony Brook University Department of Social and Health Psychology
M.A. 2013	Stony Brook University, Department of Social and Health Psychology
B.A. 2010	Lewis and Clark College Psychology

PUBLICATIONS

- Wilson, D.K., & Sweeney, A.M. (In Press) The Role of Behavioral Medicine in Integrated Care. Invited Submission in M.P. Duckworth and W.T. O'Donohue's (Eds.), *Behavioral Medicine and Integrated Care: Efficient Delivery of the Most Effective Treatments*. Springer Publishing.
- Sweeney, A.M., & Freitas, A. (In Press) Self-Affirmation Impacts Behavioral Intentions but Not Preferences for Delayed Outcomes. *Journal of Experimental Social Psychology*. (Special Issue on Pre-Registered Research) doi: 10.1016/j.jesp.2015.09.005
- Sweeney, A.M. & Moyer, A. (In Press). Self-Affirmation and Responses to Health Messages: An example of a research advance in health psychology. Invited submission in C.S. Richards' and L.M. Cohen's (Eds.), *The Wiley Encyclopedia of Health Psychology, Volume III: Clinical Health Psychology and Behavioral Medicine*. Oxford: John Wiley and Sons.
- Sweeney, A.M., Park, J., Clark, S., & Freitas, A. (2015). Mistakes Pertaining to Undesired (relative to Desired) Self-Standards Elicit Enhanced Electrocardiac Signals of Error Processing. *Motivation and Emotion*. (Advanced Online Publication) doi: 10.1007/s11031-015-9518-6

Sweeney, A.M. & Moyer, A. (2015). Self-Affirmation and Responses to Health Messages: A Meta-Analysis on Intentions and Behavior. *Health Psychology, 34*, 149-159. doi: 10.1037/hea0000110

Sweeney, A.M. & Freitas, A.L. (2014). Relating Action to Abstract Goals Increases Physical Activity Reported a Week Later. *Psychology of Sport and Exercise, 15*, 364 – 373. doi: 10.1016/j.psychsport.2014.03.009

Under Review

Pew, E. & Sweeney, A.M. The Relationship Between Exercise Consistency and Academic Performance: A Longitudinal Approach. To be included in special issue of *Journal of Consumer Research* (Fall 2016).

Sweeney, A.M., & Culcea, I., The Association Between Body Mass Index, Eating, Exercise, and Future Temporal Perspective: A Meta-Analysis.

Sweeney, A.M. & Freitas, A.L. Why Does Abstract Thinking Relate to Exercise and Diet? The Mediating Role of Autonomous Motivation.

In Preparation

Sweeney, A.M. & Freitas, A.L. When Plans Go Awry: Examining the Interplay Between Goal-Related Affect, Planning, and Exercise Behavior.

Sweeney, A.M. & Freitas, A.L. When Do Repeated Actions Become Automatic? Examining the Moderating Role of Construal Level.

Sweeney, A.M., & Wilson, D.K., & Van Horn, L. How Do the Social and Physical Environment Relate to Intrinsic Motivation and Self-Concept for Physical Activity?

Wilson, D.K., Coulon, S.M., Van Horn, M.L., McIver, K.L., Sweeney, A.M. Social Cognitive Mediators of Community Policies and Programs on Youth Physical Activity in the Healthy Communities Study.

RESEARCH EXPERIENCE

2016 – Present *NIH R01 HD072153, Families Improving Together (FIT) for Weight Loss*
 (PI: Dawn K. Wilson)
 Role: Postdoctoral Fellow
 Goal: To test the efficacy of a motivational and positive parenting skill intervention on decreasing BMI in overweight African American adolescents and their parents.

POSTER PRESENTATIONS

- Sweeney, A. & Freitas, A. (January 2016). *Making Plans Stick: Concrete (vs. Abstract) Thinking Facilitates Translating Exercise Plans into Action Through Positive Affect*. Poster presented at the 17th Annual Meeting of the Society for Personality and Social Psychologists, San Diego, California.
- Sweeney, A. & Freitas, A. (May 2015). *How Does Self-Affirmation Impact Health Outcomes?: A First Look at a Delayed Discounting Approach*. Poster presented at the 27th Association for Psychological Science Convention, New York, New York.
- Sweeney, A. & Freitas, A. (February 2015). *Diet on the Mind?: Priming Diet Goals Does Not Influence Attention for Nutrition Labels*. Poster presented at the 16th Annual Meeting of the Society for Personality and Social Psychologists, Long Beach, California.
- Sweeney, A., & Moyer, A. (April 2014). *Does it Help to Self-Affirm?: A Meta Analytic Review of the Effects of Self-Affirmation on Behavioral Intentions and Health Behaviors*. Poster presented at the 35th Annual Meeting of the Society of Behavioral Medicine, Philadelphia, Pennsylvania.
- Sweeney, A. & Freitas, A. (February 2014). *Construal Level Impacts Week-Long Physical Exercise Behavior*. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychologists, Austin, Texas.
- Sweeney, A. & Freitas, A. (January 2013). *Motivation and Attentional Tuning Revisited: Electrophysiological Evidence that Approach Motivation Facilitate Attending to Task-Irrelevant Stimuli*. Poster presented at the 14th Annual Meeting of the Society for Personality and Social Psychologists, New Orleans, Louisiana.
- Sweeney, A., Umansky, E., Hamilton, A., Detweiler-Bedell, B & Detweiler-Bedell, J. (January 2012). *Choices Near and Far: How Message Framing and Construal Level Influence Pro-Environmental Decisions*. Poster presented at the 13th Annual Meeting of the Society for Personality and Social Psychologists, San Diego, California.
- Sweeney, A., Hamilton, A., Detweiler-Bedell, B., & Detweiler-Bedell, J. (January 2011). *Risk Today, Certainty Tomorrow: The Influence of Construal Level on Environmental Decision-Making*. Poster presented at the 12th Annual Meeting of the Society for Personality and Social Psychologists, San Antonio, Texas.
- Sweeney, A., Hamilton, A., Detweiler-Bedell, B., & Detweiler-Bedell, J. (April 2010). *Message Framing, Psychological Distance and the Promotion of Environmental Behaviors*. Poster presented at the 90th Annual Western Psychological Association Conference, Cancun, Mexico.

RESEARCH TALKS

Exploring Changes in Construal Level as a Tool for Health Behavior Change. Social and Health Psychology Colloquia Series, Stony Brook University, Fall 2014.

Motivation and Attentional Breadth Revisited: ERP Evidence that Approach Motivation Broadens Attention. Social and Health Psychology Colloquia Series, Stony Brook University, Fall 2012.

The Relationship between Exercise Consistency and Academic Performance: A Longitudinal Approach. Paper to be presented at the Habit Driven Consumer Conference, Catalina Island, CA, August 2016.

AWARDS

- 2016 Society for Personality and Social Psychology Graduate Student Travel Award
- 2015 Excellence in Research, Advanced Graduate Student Research Award, Department of Psychology, Stony Brook University
- 2014 Excellence in Research, 2nd Year Research Award, Department of Psychology, Stony Brook University
- 2010 Psi Chi, National Honors Society in Psychology, Lewis and Clark College
- 2010 Travel Grant for Conference Presentation, awarded by the Student Advisory Academic Board, Lewis and Clark College (\$1500)
- 2007 - 2010 Deans List Scholar, Lewis and Clark College
- 2006 - 2010 Deans Scholarship Recipient, Lewis and Clark College
- 2007 College Rowing Coaches Association National-Scholar Athlete

TEACHING

Instructor

Stress, Coping, and Adjustment, Stony Brook University, Spring 2016
Evaluation of overall effectiveness: 4.55/5

Research Lab: Social Psychology, Stony Brook University, Summer 2015
Evaluation of overall effectiveness: 4.63/5

Health Psychology, Stony Brook University, Summer 2014
Evaluation of overall effectiveness: 4.56/5

Introduction to Psychology, Stony Brook University, Summer 2013

Evaluation of overall enthusiasm: 6.3/7

Research and Writing in Psychology Recitation, Stony Brook University, Spring 2013

Evaluation of overall enthusiasm: 6.5/7

Graduate Teaching Assistant

Cognitive Development, Instructor: Dr. H. Waters, Fall 2015

Research Lab: Cultural Psychology, Instructor: Dr. S. Levy, Spring 2015

Psychology of Women, Instructor: Dr. B. London, Fall 2014

Health Psychology, Instructor: Dr. C. Wortman, Spring 2014

Statistical Methods in Psychology, Instructor: Dr. S. Clark, Fall, 2013

Analysis of Variance and Experimental Design, Instructor: Dr. S. Clark, Summer 2012, Fall 2012, Summer 2013

Introduction to Psychology, Instructor: Dr. N. Franklin, Spring 2012

Advanced Topics in Social Psychology: Attachment Theory, Instructor: Dr. E. Waters, Fall 2011

AD-HOC REVIEWING

Journal of Personality and Social Psychology

Health Psychology

Emotion

Journal of Experimental Social Psychology

Psychology of Sport and Exercise

Journal of Health Communication

PROFESSIONAL AFFILIATIONS

Society for Personality and Social Psychology, 2011 – present

Association for Psychological Science, 2014 – present

Society for Behavioral Medicine, 2014 – present

DEPARTMENTAL SERVICE AND OUTREACH

- 2015, Nov. *How Does Gym Attendance Relate to Academic Performance Among College Students?* Research presented to a general public audience at the National Intramural-Recreational Sports Association Region 1 Conference. Riverhead, NY.
- 2013 – Present Graduate Student Mentor, Psychology Student Alliance Mentoring Initiative, Stony Brook University
- 2014 Psychology Graduate Student Representative, New Teaching Assistant Workshop, Graduate Student Orientation, Stony Brook University