

CURRICULUM VITAE
Ryan R. Landoll, Ph.D., ABPP, Maj, USAF

PERSONAL INFORMATION

Department of Family Medicine
F. Edward Hébert School of Medicine
Uniformed Services University of the Health Sciences
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EDUCATION

Doctor of Philosophy 2012	University of Miami , Coral Gables, FL APA Accredited Program: Clinical Psychology Specialization in Children and Families
Pre-doctoral Internship 2011 – 2012	Malcolm Grow Medical Clinic , Joint Base Andrews, MD APA Accredited Pre-doctoral Internship Program United States Air Force
Masters of Science 2009	University of Miami , Coral Gables, FL APA Accredited Program: Clinical Psychology Specialization in Children and Families
Bachelor of Science 2007	University of North Carolina at Chapel Hill , Chapel Hill, NC <i>Highest Distinction with Highest Honors</i> Major: Psychology

LICENSES/CERTIFICATIONS

2015-present	Board Certification in Clinical Psychology American Board of Professional Psychology
2014-present	Survive, Evade, Resist, Escape (SERE) Psychologist United States Department of Defense
2013-present	Licensed Clinical Psychologist (#0810004814) State of Virginia
2013-present	Internal Behavioral Health Consultant Expert Trainer United States Air Force Medical Service
2012-present	Internal Behavioral Health Consultant United States Air Force Medical Service

ACADEMIC APPOINTMENTS

Assistant Professor Department of Family Medicine
2016 - present Department of Medical and Clinical Psychology
Uniformed Services University

Adjunct Assistant Professor Clinical Community Psychology
2013 – present University of South Carolina - Columbia

PROFESSIONAL AND CLINICAL EXPERIENCE

Assistant Professor University Counseling Services, Dept of Family Medicine
January 2016-present Uniformed Services University Bethesda, Maryland
Responsible for providing counseling services (~10-15 patients per week) for students and their families, well-being classes and psychoeducational testing for Child and Adolescent Psychiatry Services at Walter Reed National Military Medical Center. Established integrated primary care behavioral health clinic in University Family Health Clinic. Also responsible for course development and teaching in Family Medicine and Medical and Clinical Psychology, student mentorship for both medical students and psychology doctoral students, research and service consistent with the University's mission to develop and train leaders in military medicine

Program Director Behavioral Health Optimization Program, 20th Medical Group
April 2015 – January 2016 Shaw Air Force Base, South Carolina
Responsible for administrative oversight of staff of 7 Behavioral Health Consultants, Psychiatric Nurses and Behavioral Health Technicians in consultative Primary Care Behavioral Health Patient Centered Medical Home. Led United States Air Force in daily patient productivity, developed Behavioral Health Technician training identified as “Best Practice” by The Joint Commission and Air Force Medical Operations Agency and disseminated/conducted training nationally. Also served as clinic Behavioral Health Consultant, seeing 40-50 patients per week (highest volume among peer military treatment facilities). Created clinical psychology training program for doctoral-level students in partnership with the University of South Carolina

Behavioral Health Consultant Craig Joint Theater Hospital, 455th Expeditionary Medical
October 2014 – April 2015 Group, Bagram Airfield, Afghanistan
Solidified first-ever expeditionary consultative Primary Care Behavioral Health program, provided guidance to Combined Joint Task Forces on personnel recovery and reintegration for 33K coalition warfighters, 24/7 on-call services saving \$1.2M in aeromedical evacuation costs

Element Chief Mental Health Clinic, 20th Medical Group,
May 2013 – October 2014 Shaw Air Force Base, South Carolina
Administrative oversight of 9 mental health providers and 10 mental health technicians managing outpatient mental health clinic providing approximately \$10 million in care across approximately 6000 patient encounters yearly. Highlighted as “Best Practice” in clinical productivity and access to care by Air Force Medical Operations Agency. Also provided care to active case load of approximately 25-30 Active duty service members

Staff Psychologist Mental Health Clinic, 20th Medical Group,
September 2012 – May 2013 Shaw Air Force Base, South Carolina

Provided full-range of mental health services to population of Active Duty U.S. military. Supervision of enlisted mental health technicians and social work intern students. Mental health on-call provider for suicidal/homicidal patients and consultation to commanders and first responders for victims of domestic violence and/or child abuse; suicidal/homicidal patients and mental health matters pertaining to military readiness.

Pre-doctoral Intern Malcolm Grow Medical Clinic, 779th Medical Group
August 2011-August 2012 Joint Base Andrews, MD

Completed clinical rotations in outpatient mental health, intensive outpatient substance abuse treatment program, consultative primary care behavioral health, specialty clinical health psychology, neuropsychological testing and evaluation and pre-employment security evaluations and pre- and post-travel (deployment or PCS) screening for National Security Agency employees. Included intensive didactic and practical training in Prolonged Exposure Therapy, Cognitive Processing Therapy, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy for Insomnia, Motivational Interviewing and other Cognitive Behavioral Techniques including brief solution focused suicide risk assessment and treatment.

Practicum Student Mailman Center for Child Development, Dept of Pediatrics
September 2009 – August 2010 University of Miami Miller School of Medicine, Miami, FL

Conducted forensic evaluations for alleged victims of childhood abuse, completed early developmental assessment inventories as part of multi-disciplinary pediatric early intervention team for children ages 0-3, provided specialty pediatric outpatient therapy for children and adolescents with endocrine disorders and served as behaviorialist for inter-disciplinary pediatric endocrinology team providing consultation and brief solution-focused interventions to children and adolescents with diabetes and their families in an ethnically diverse environment.

Practicum Student Psychological Services Center, Department of Psychology
May 2008 – May 2011 University of Miami, Coral Gables, FL

Supervised beginning practicum students in psychoeducational assessments, conducted complete psychoeducational assessments to include full battery of intelligence, achievement and specialty testing to evaluate wide range of educational, emotional and behavioral issues. Conducted outpatient individual and family psychotherapy for ethnically diverse population of children and adolescents. Served as independent evaluator for randomized control trial of transdiagnostic cognitive behavioral intervention for children and adolescents and was group leader for wellness prevention camp on emotion regulation for children ages 7-10.

PUBLICATIONS

A. Peer-Reviewed Manuscripts

- Landoll, R. R.**, Nielsen, M. K., & Waggoner, K. K. (in press). Understanding Primary Care Behavioral Health (PCBH) Across Military Settings: A Preliminary Comparison Between Deployed and In-Garrison Care. *Military Medicine*.
- Landoll, R. R.**, Nielsen, M. K., & Waggoner, K. K. (2016). U.S. Air Force Behavioral Health Optimization Program: Team Members' Satisfaction and Barriers to Care. *Family Practice*. doi: 10.1093/fampra/cmw096
- Tawfik, S.H., **Landoll, R. R.**, Blackwell, L., Taylor, C.J., & Hall, D. L. (2016). Clinical supervision in assessment: Development and utility of a multi-level, assessment focused supervisory model. *The Clinical Supervisor*, 35, 63-79.
- Landoll, R. R.**, La Greca, A. M., Lai, B. S., Chan, S. F., & Herge, W. H. (2015). Cybervictimization by Peers: Prospective Associations with Adolescent Social Anxiety and Depressive Symptoms. *Journal of Adolescence*, 42, 77-86.
- Landoll, R. R.**, La Greca, A. M., & Lai, B.S. (2013). Aversive peer experiences on social networking sites: Development of the Social Networking-Peer Experiences Questionnaire (SN-PEQ). *Journal for Research on Adolescence*, 32, 695-705.
- Landoll, R. R.**, Schwartz-Mette, R., Rose, A., & Prinstein, M. J. (2011). Girls' and boys' disclosure about problems as a predictor of changes in depressive symptoms over time. *Sex Roles*, 65, 410-420.

B. Book Chapters (Peer-Reviewed) (*indicates student/advisee author)

- Landoll, R. R.**, Elmore, C., Weiss, A. F., & *Martinez, H. (2017). Screening and assessment of substance abuse. In M. E. Maruish (Ed.). *Handbook of Pediatric Psychological Screening and Assessment in Primary Care*. Taylor & Francis. Chapter in preparation.
- *Young, L., Mulloy, M., Huckabee, S., **Landoll, R.**, Miller, E., *Miller, M., & Weist, M. (2015). Child and Adolescent Mental Health and the Schools. In B.G. Cook, M. Tankersley, & T. J. Landrum (Eds.). *Advances in Learning and Behavioral Disabilities (Vol. 28)* (pp. 197-224). West Yorkshire: Emerald Insight Publishing Group.
- Herge, W.M., **Landoll, R.R.**, & La Greca, A.M. (2012). The Center for Epidemiologic Studies Depression Scale (CES-D Scale). In M.D. Gellman & J.R. Turner (Eds.). *Encyclopedia of Behavioral Medicine*. (pp. 366-367). New York: Springer Science+Business Media.
- La Greca, A. M., & **Landoll, R. R.** (2011). Peer influences. In W. K. Silverman and A. Field (Eds.), *Anxiety disorders in children and adolescents: Research, assessment and intervention*. 2nd ed. (pp. 323-348). Cambridge University Press.
- La Greca, A. M., Davila, J., **Landoll, R. R.**, & Siegel, R. (2011). Dating, romantic relationships and social anxiety in young people. In C. A. Alfano and D. C. Biedel (Eds.), *Social anxiety disorder in adolescents and young adults: Translating developmental research into practice* (pp. 93-105). Washington, DC: American Psychological Association.
- Starr, L. R., Davila, J., La Greca, A. M., & **Landoll, R. R.** (2011). Social anxiety and depression: The teenage and early adult years. In C. A. Alfano and D. C. Biedel (Eds.), *Social anxiety disorder in adolescents and young adults: Translating developmental research into practice* (pp. 75-91). Washington, DC: American Psychological Association.

Davila, J., La Greca, A. M., Starr, L. R., & **Landoll, R. R.** (2010). Anxiety disorders in adolescence. In J. G. Beck (Ed.), *Interpersonal processes in the anxiety disorders: Implications for understanding psychopathology and treatment* (pp. 97-124). Washington, DC: American Psychological Association.

C. Other Periodical Publications

Landoll, R. R. (2014, Spring). The pursuit of perfection. *The Combat Edge*, 23 (2) 8-11.

Lai, B.S., Margol, A. J., & **Landoll, R. R.** (2010, Summer). Doing your research: How to make the most out of research experiences. *Eye on Psi Chi*, 14(4), 24-28.

Landoll, R.R., & Lai, B.S. (2009, Spring). Now what? How to turn a great literature review into great writing. *Eye on Psi Chi*, 13(3), 22-23.

Lai, B.S., & **Landoll, R.R.** (2008, Winter). Conducting a literature review: How to search for relevant articles. *Eye on Psi Chi*, 13(2), 34-35.

PRESENTATIONS (PEER-REVIEWED)

A. Chaired Symposia and Conference Programming

Landoll, R.R., Dobmeyer, A.C., Nielsen, M.K., & Robinson, P.J. (2017, August). *Advances in Primary Care Behavioral Health: Data to Guide Us and Competencies to Ground Us*. American Psychological Association. **Continuing Education Workshop [7 hrs]**

Landoll, R. R., Najera, E., Nielsen, M. K., Kanzler, K. E., Waggoner, K. K., & Nicolas, M. (2016, April). *Healthcare transformation in primary care behavioral health*. Society for Behavioral Medicine. Washington, DC.

Ogbeide, S., Kanzler, K. E., Reiter, J., & **Landoll, R. R.** (2016, March). *Striking a balance: Flexibility & Fidelity with the PCBH Model with Special Patient Populations*. Continuing Education Workshop offered at Arizona State University Integrated Healthcare Conference on Healthcare Quality: Improving Clinical & Management Outcomes. Chandler, Arizona.

Mattu, A., & **Landoll, R. R.** (2012, August). *To Boldly Go – Harnessing the Power of New Media and the APAGS New Media Guide*. American Psychological Association. Washington, DC.

Spellings, C., & **Landoll, R. R.** (2012, March). *The Road Less Traveled: Exploring Career Paths Outside of Academia*. Society for Research on Adolescence. Vancouver, BC, Canada.

Spellings, C., & **Landoll, R. R.** (2012, March). *The Ins and Outs of Publishing: A Conversation with the Editors*. Society for Research on Adolescence. Vancouver, BC, Canada.

Mattu, A., & **Landoll, R. R.** (2011, August). *Google, Twittering, and Poking: Helping Psychologists Take Advantage of Web 2.0 and the APAGS New Media Resource Guide*. American Psychological Association. Washington, DC.

Landoll, R. R., & Szwedo, D. E. (2010, March). *Who am I in a digital world? Associations between youths' online behavior and offline development*. Society for Research on Adolescence. Philadelphia, PA.

B. Symposium Presentations

- La Greca, A. M., **Landoll R. R.**, Ehrlich, C., Herge, W. M., & Chan, S. F. (2015, November). Cyber victimization and adolescents' mental health: Recent findings and future directions. In T. Chou (Chair), *Is being on the 'Net All Net Gain'? Examining negative effects of internet exposure and social media on youth internalizing problems*. Association for Behavioral and Cognitive Therapies. Chicago, IL.
- Landoll, R. R.**, La Greca, A. M., & Herge, W. M. (2011, April). The ugly face of Facebook: Adaptation of the Cyber Victimization Scale among younger adolescents. In A.R. Walker Marciano (Chair), *Fighting amongst ourselves: Examining how adolescents use technology to victimize their peers*. Society for Research in Child Development. Montreal, Quebec, Canada.
- Landoll, R. R.**, Schwartz-Mette, R. A., Rose, A. J., & Prinstein, M. J. (2011, April). Differential findings for emotional disclosure among adolescent boys and girls: Prospective associations with depressive symptoms. In L. C. Mathieson, *Helpful or harmful: How are friendship processes associated with internalizing problems in adolescence?* Society for Research in Child Development. Montreal, Quebec, Canada.
- La Greca, A.M. & **Landoll, R. R.** (2010, November). Is dating hazardous to your health? In W. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts*. Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Landoll, R. R.** & La Greca, A. M. (2010, March). New ways to hurt: The development and utility of a measure of cyber victimization among adolescents and emerging adults. In R. R. Landoll & D. E. Szewo (Co-Chairs), *Who am I in a digital world? Associations between youths' online behavior and offline development*. Society for Research on Adolescence, Philadelphia, PA.
- La Greca, A. M. & **Landoll, R. R.** (2010, March). Relationship quality, excessive reassurance seeking, and internalizing symptoms in adolescents' romantic relationships. In S. Shulman & D. P. Welsh (Co-Chairs), *Recent refinements in understanding the association between romantic involvement and depressive symptoms*. Society for Research on Adolescence, Philadelphia, PA.
- La Greca, A. M., **Landoll, R. R.**, & Lai, B.S. (2010, March). Adolescent peer crowds: examining categorical and dimensional approaches. In J. R. Cross & K. L. Fletcher (Co-Chairs), *A new look at adolescent crowds: research using nontraditional approaches to crowd identification*. Society for Research on Adolescence, Philadelphia, PA.

- Landoll, R. R., & La Greca, A. M.** (2009, November). Peer victimization in a new generation: Understanding victimization via social networking sites. In A. M. La Greca & J. Davila (Co-Chairs), *Interpersonal processes contributing to adolescent's internalizing symptoms: Implications for research and intervention*. Association for Behavioral and Cognitive Therapies. New York, NY.
- La Greca, A. M., **Landoll, R. R., & Siegel, R. S.** (2008, November). Peer victimization and social anxiety among adolescents: Recent findings and implications for interventions. In B. K. Biggs (Chair), *Consideration of peer relations in the treatment of anxiety disorders in childhood and adolescence*. Association for Behavioral and Cognitive Therapies, Orlando, FL.
- C. Poster Presentations** (*indicates student/advisee author)
- Landoll, R. R., & Nielsen, M. K.** (2016, November). *Utilization of Behavioral Health Technicians to Improve Service Delivery in Integrated Primary Care*. Society of Federal Health Professionals (AMSUS). National Harbor, MD.
- Landoll, R. R., Nielsen, M. K., & Waggoner, K. K.** (2016, April). *Providing integrated primary care behavioral health in a combat environment: Challenges and opportunities*. Society for Behavioral Medicine. Washington, DC.
- Tawfik, S. H., Blackwell, L. S., **Landoll, R. R., Hall, D. L., & Taylor, C. J.** (2015, August). *Meta-supervisory practicum in an assessment training clinic*. American Psychological Association. Toronto, CA.
- Waggoner, K. K., **Landoll, R. R., & Nielsen, M. K.** (2015, April). *Patient satisfaction in primary care behavioral health services: A 10 year update on the U.S. Air Force Behavioral Health Optimization Program (BHOP)*. Society for Behavioral Medicine, San Antonio, TX.
- Danzi, B.A., La Greca, A.M., Chan, S.F., **Landoll, R.R., & Herge, W.M.** (2014, August). *Socially Anxious and Depressed Adolescents' Peer Victimization and Relationship Qualities*. American Psychological Association. Washington, D.C.
- Marchante, A.N., La Greca, A.M., Chan, S.F., Herge, W.M., **Landoll, R.R.** (2014, March). *Cyber experiences: Do they affect adolescents' sleep?* National Conference in Pediatric Psychology, Philadelphia, PA.
- Landoll, R. R., La Greca, A. M., & Lai, B.S.** (2012, November). *Cyber Victimization and Traditional Peer Victimization: More of the Same or Something Different?* Association for Behavioral and Cognitive Therapies. National Harbor, MD.
- *Akimoto, K., Dacks, H., Bradley, R., Lai, B. S., **Landoll, R. R., La Greca, A. M., Herge, W. M., Chan, S. F.** (2012, August). *Internet Use, Cyber Victimization, and Depression Among Adolescents*. American Psychological Association. Orlando, FL
- Landoll, R. R., La Greca, A. M., Herge, W. M., Chan, S. F., & Lai, B.S.** (2012, August). *The Interplay of Cyber Victimization and Adolescents' Internalizing Symptoms Over Time*. American Psychological Association. Orlando, FL.
- La Greca, A. M., Chan, S. F., **Landoll, R. R., & Siegel, R.** (2012, March). *Interpersonal peer victimization: Unique contributions to adolescents' symptoms of social anxiety and depression*. Society for Research on Adolescence. Vancouver, BC, Canada.
- Landoll, R. R., & La Greca, A. M.** (2010, November). *Jocks and goths: The influence of romantic partners' peer crowd affiliations on adolescent health risk behaviors*. Association for Behavioral and Cognitive Therapies. San Francisco, CA.

- Tawfik, S. H., Blackwell, L., **Landoll, R.R.**, & Taylor, C. J. (2010, October). *Clinical supervision in assessment: Development and utility of a multi-level, assessment focused supervisory model*. Kansas Conference in Clinical Child and Adolescent Psychology. Lawrence, Kansas.
- Herge, W. M., **Landoll, R. R.**, & La Greca, A. M. (2010, August). *Peer bullying and peer victimization: Associations with adolescents' problem behaviors*. American Psychological Association. San Diego, CA.
- *Klaben, S., *Bouza, J., **Landoll, R. R.**, La Greca, A. M., & Lai, B. S. (2010, March). *The eye of the beholder: Relationship quality, depression and social anxiety discrepancies among close peers*. Society for Research on Adolescence. Philadelphia, PA.
- Landoll, R. R.**, La Greca, A. M., & Lai, B. S. (2009, November). *Adolescent depression and social anxiety: An exploration of mutual symptomatology and friendship quality*. Association for Behavioral and Cognitive Therapies. New York, NY.
- La Greca, A. M., Siegel, R. S., & **Landoll, R. R.** (2009, June). *Relational victimization and adolescent social anxiety: Recent findings and implications*. International Society for Research in Child and Adolescent Psychopathology. Seattle, WA.
- Landoll, R. R.**, Calhoun, C. D., & Prinstein, M. J. (2008, November). *Mutual depression: Illuminating how discrepancies in depression symptoms between best friends may deteriorate friendship quality*. Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Calhoun, C.D., **Landoll, R. R.**, & Prinstein, M. J. (2008, November). *Longitudinal outcomes of rejection sensitivity and self-perceptions of social acceptance: The moderating role of teasing within adolescent best friendships*. Association for Behavioral and Cognitive Therapies, Orlando, FL.
- La Greca, A. M., **Landoll, R. R.**, Lai, B. S., & Siegel, R. S. (2008, August). *Potential peer influences on risky sexual behaviors among adolescents: Peer crowds, romantic relationships, and feelings of social anxiety*. International Congress of Behavioral Medicine. Tokyo, Japan.
- Landoll, R. R.**, La Greca, A. M., Lai, B. S., & Siegel, R. S. (2008, April). *Social anxiety and sexual risk behavior: Risk and protective factors for an ethnically diverse sample of socially anxious adolescents*. National Conference in Child Health Psychology. Miami, FL.
- Landoll, R. R.**, Lee, J. C., Panter, A. T., & La Greca, A. M. (2008, March). *The role of family dynamics in body image among college students*. Society for Research on Adolescence. Chicago, IL.
- Landoll, R. R.**, & Prinstein, M. J. (2008, March). *Excessive reassurance seeking between adolescent best friends: Predictive utility of data from reassurance seekers and providers*. Society for Research on Adolescence. Chicago, IL.
- Landoll, R. R.**, van Scoyoc, A., Calhoun, C. D., & Prinstein, M. J. (2007, November). *Examining interpersonal models of adolescent depression using an observational assessment of dyadic peer experiences*. Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

TEACHING EXPERIENCE

A. Courses Developed and Taught

Uniformed Services University (Bethesda, MD)

2016-2017 Sports Medicine Fellowship Research Seminar [Post-doctoral Fellowship]

University of South Carolina (Columbia, SC)

2015 Fall Developmental Psychology [Undergraduate]

2014 Spring Research Approaches to Human Behavior [Undergraduate]

Columbia College (Columbia, SC)

2014 Spring Child and Adolescent Psychopathology [Undergraduate]

South University (Columbia, SC)

2013 Fall Introductory Psychology [Undergraduate]

2013 Fall Statistics for Behavioral Sciences [Undergraduate]

2013 Fall Research Methods [Undergraduate]

University of Miami (Coral Gables, FL)

2010 Spring Introduction to Psychology [Undergraduate]

B. Course Facilitator or Preceptor

Uniformed Services University (Bethesda, MD) [Undergraduate Medical Education]

2016 Medical Interviewing

2016-2017 Reflective Practice 101

Sessions: Reaction, Personal Context in the Liminal State, Sexuality, Racism, Dying & Death

2016-2017 Reflective Practice 201

Sessions: Perspective, Bias

2016 Ethical, Legal and Social Aspects of Medical Care

Patient-Physician Relationships

C. Classes Developed and Taught

Uniformed Services University (Bethesda, MD)

2017 Simple Linear Regression [*Quantitative Methods*; Health Professions Education Graduate Program]

2016 Putting the B in PCBH: Why Primary Care Behavioral Health Matters [*Family Medicine Clerkship*; Undergraduate Medical Education]

2016 Military Families [*Military Psychology II*; Psychology Doctoral Program]

2016 Small Base Operations and Deployment [*Military Psychology II*; Psychology Doctoral Program]

D. Teaching Assistant

University of Miami (Coral Gables, FL)

2009-2010 Introduction to Psychological Evaluation Lab (2 semesters)
[Psychology Doctoral Program]

2009	Psychology of Gender (1 semester) [Undergraduate]
2008-2011	Child and Adolescent Psychopathology (4 semesters) [Undergraduate]
2007-2008	Introduction to Cognition (2 semesters) [Undergraduate]
2007-2008	Language Development (2 semesters) [Undergraduate]
2007	Child and Adolescent Development (1 semester) [Undergraduate]

E. Guest Lecturer

Central Carolina Technical College (Sumter, SC)

2014 Human Services Class [Undergraduate]

University of Miami (Coral Gables, FL)

2010 Psychology of Social and Emotional Development [Undergraduate]

2010 Abnormal Psychology [Undergraduate]

2009 Psychology of Thinking and Learning in Children [Undergraduate]

2009 Child and Adolescent Development (2 semesters) [Undergraduate]

MENTORING AND CONSULTATION EXPERIENCE

A. Dissertations/Theses Committee Member

Wilson, H., Doane, S., Stiltner, D., & Kennedy, B. (2016). Addressing reduced sleep quality through education of primary care teams. Doctorate of Nursing Practice, Uniformed Services University.

Moore, Kendall D. (2015). Investigating construct validity of the cyber-peer experiences questionnaire. Master's thesis, University of South Carolina.

B. Clinical Supervision

2016-present Provided individual supervision to psychology doctoral student
Psycho-educational Testing, Child and Adolescent Psychiatry Services
Walter Reed National Military Medical Center, Bethesda, MD

2015 Provided individual supervision to unlicensed psychologists
20th Medical Group, Shaw AFB, SC

2015 Provided individual supervision to psychology practicum doctoral student
University of South Carolina/20th Medical Group, Shaw AFB, SC

2015 Provided individual supervision to behavioral health technician
20th Medical Group, Shaw AFB, SC

2015 Provided individual supervision to social work graduate student
455th Expeditionary Medical Group, Bagram Airfield, Afghanistan

2013-2014 Provided individual supervision to social work graduate students
University of South Carolina/20th Medical Group, Shaw AFB, SC

2012 Provided individual supervision to psychology practicum student
Uniformed Services University/779th Medical Group, Joint Base Andrews, MD

C. Research Supervisor

2008-2011 Provided supervision, mentoring and training to undergraduate research assistants
University of Miami, Coral Gables, FL

D. Internal Behavioral Health Consultant (IBHC) Mentorship

2016-present Certified psychologists as fully qualified IBHCs (Phase II training)
Various locations, United States Air Force

2016-present Certified psychologists and social workers as IBHCs (Phase I training)
Walter Reed National Military Medical Center, Bethesda, MD

2016 Certified psychologists as IBHCs for Preservation of the Force and Family
Initiative of United States Special Operations Command (USSOCOM)
Uniformed Services University, Bethesda, MD

2015 Certified psychologist as IBHCs and provided full didactic curriculum
20th Medical Group, Shaw AFB, SC

2015 Certified social workers as IBHCs and provided full didactic curriculum
4th Medical Group, Seymour Johnson, NC

E. Other Presentations and Mentorship

2016-present *Faculty Evaluator*, Family Medicine Clerkship Objective Structured Clinical
Examination (OSCE), Uniformed Services University, Bethesda, MD.

2016-present *Faculty Ombudsmen*, Malcolm Grow Medical Center Psychology Residency
Joint Base Andrews, MD

2016-present American Board of Clinical Psychology Mentorship Program

2017 *Careers in Military Psychology*, Psi Chi (Undergraduate Psychology Honors
Society), University of North Carolina at Chapel Hill, Chapel Hill, NC

2016 *To Integration and Beyond: Advances in Primary Care Behavioral Health*. tjStar
Research Symposium, Thomas Jefferson High School for Science and
Technology, Alexandria, VA

2015 Led Q&A for Malcolm Grow Medical Center Psychology and Social Work
Residency Brown Bag Seminar, Joint Base Andrews, MD

2014 *Stress management and Motivational Interviewing, or: How I learned to stop
pulling my hair out and love listening to patients*. 20th Medical Group, Shaw
AFB, SC

2014 *Provider Resilience and Self-Care*. 455th Expeditionary Medical Group, Bagram Airfield, Afghanistan (**Continuing Medical Education**)

Air Force Internships in Psychology Presentation to Psychology Doctoral Students
2013; 2016, University of North Carolina at Chapel Hill, Chapel Hill, NC
2013, University of South Carolina, Columbia, SC
2012, University of Miami, Coral Gables, FL

Air Force Psychology Presentation to Reserve Officer Training Corps Cadets
2013, University of South Carolina, Columbia, SC
2012, University of Miami, Coral Gables, FL

2012 *The Science of the Behavioral Sciences: Current Trends in Psychological Research & Career Development*, tjStar Research Symposium
Thomas Jefferson High School for Science and Technology, Alexandria, VA

2011-present Society of Clinical Child & Adolescent Psychology Student Mentorship Program

RESEARCH EXPERIENCE

Principal Investigator

Defining Integration: Perspectives of Primary Care Behavioral Health among Family Medicine Residents and Faculty (2017)

Qualitative analysis of program directors, faculty, and residents affiliated with Department of Defense Family Medicine residency sites. Focus on understanding perspectives, attitudes, training experiences, and interprofessional interactions of family medicine faculty and residents related to implicit and explicit integrated primary care behavioral health curriculum and understanding differences among these groups.

Comparison of Integrated Primary Care Behavioral Health Across Diverse Military Environments (2016)

Retrospective review of patient satisfaction data on integrated primary care behavioral health clinics across Air Force Medical Service. Focus on comparing integrated care service delivery in diverse environments to include combat deployments

Review of Air Force Medical Service Behavioral Health Optimization Program (BHOP) “First Stop” Enhancement Pilot (2016)

Retrospective review of patient satisfaction, access to care, population penetration, insurance reimbursement costs, provider daily efficiency, referral rates and other process-related metrics of a process improvement program evaluation conducted by the Air Force Medical Service on shifting the point of access for behavioral health services from specialty mental health to primary care and training and integrating behavioral health technicians into primary care behavioral health patient care.

Co-Principal Investigator

Patient and Provider Satisfaction and Provider Attrition in Primary Care Behavioral Health Services: A Study of the U.S. Air Force Behavioral Health Optimization Program (BHOP) (Co-PIs: Kathryn K. Waggoner, Psy.D., Matthew K. Nielsen, Psy.D.; 2014-present)

Retrospective review of several aspects of the Air Force Primary Care Behavioral Health program, including review of patient satisfaction, primary care team member satisfaction and behavioral health consultant attrition across the Air Force Medical Service

PEERS Project: Peer Relationships, Interpersonal Stressors, and Adolescents' Physical and Mental Health (Co-PI: Annette M. La Greca, Ph.D.; 2010-2012)

Short-term longitudinal study of 1200 adolescents from two high schools in Miami-Dade county using research team of undergraduate research assistants and psychology graduate students. Explored impact of peer victimization (overt, relational and cyber) on social and emotional functioning and health behaviors in an ethnically diverse sample. Study also involved refinement of novel measure of cyber victimization in youth.

Total Funded Costs: \$3500

Close Relationships Study (Co-PI: Annette M. La Greca, Ph.D.; 2008-2010)

Study of interpersonal behaviors (i.e., co-rumination, peer victimization, excessive reassurance seeking) and internalizing disorders (i.e., social anxiety and depressive symptoms) within friendship and romantic relationship dyads. Managed team of undergraduate research assistances responsible for data collection and accompanying lab curriculum to facilitate undergraduate research learning. Designed and psychometrically evaluated two novel measures of peer crowds among college students and cyber victimization

Adjustment and Change Among Undergraduates (Co-PI: Jennifer Lee; Faculty Advisor: Abigail T. Panter, Ph.D.; 2006-2007).

Study exploring differences between first year and upperclassmen undergraduates on a variety of health risk behaviors, body cognitions, depression and family dynamics. Included development and psychometric validation of novel measure.

Doctoral Dissertation

2012 *The New Frontier of Peer Victimization: Prospective Associations between Adolescents' On-line Peer Victimization and Internalizing Symptoms.* University of Miami.
Faculty Advisor: Annette M. La Greca, Ph.D.

Master's Thesis

2009 *Through the Looking Glass: Adolescents' and Peers' Perspectives of Interpersonal Behaviors and their Associations with Adolescents' Internalizing Symptoms.* University of Miami. Faculty Advisor: Annette M. La Greca, Ph.D.

Senior Honors Thesis

2007 *Adolescent Friendship Support, Problem Solving and Depression.* University of North Carolina at Chapel Hill. Faculty Advisor: Mitchell J. Prinstein, Ph.D. *Highest Honors.*

Research Assistant

Project Chat Peer Relations Lab (PI: Mitchell J. Prinstein, Ph.D.; 2006-2007).
Study focused on social functioning of adolescents' best friendships using an observational paradigm and associations with psychological functioning. Responsibilities included participant recruitment, administration of observational protocol and follow-up phone interviews of study participants. Also responsible for the enhancement, launch, and management of computer automated phone call-in system for follow-up data collection

SERVICE

International or Joint

2010-2014 **Secretary**, Emerging Scholars Committee, *Society for Research on Adolescence*

National or Service

2017-2019 **Executive Committee**, Early Career Psychologists, *Society of Military Psychology (American Psychological Association Division 19)*
[2017: Chair-Elect; 2018: Chair; 2019: Past Chair]

2016-present **Chair**, Behavioral Health Technicians in Primary Care Working Group, *Air Force Medical Operations Agency*

2016 **Program Committee**, *Association for Behavioral and Cognitive Therapies*

2013 **Member**, Task Force on e-Health Interventions in Pediatric Psychology, *Society of Pediatric Psychology (American Psychological Association Division 54)*

2010-2012 **American Psychological Association of Graduate Students Liaison**, Committee for the Advancement of Professional Practice, *American Psychological Association*

2010 **Legislative Advocacy**, Education Leadership Conference
American Psychological Association, Washington, DC

2009-2010 **Campus Representative**, University of Miami, *American Psychological Association of Graduate Students*

University or Base

2016-2019 **Committee Member**, Human Subjects Institutional Review Board
Uniformed Services University, Bethesda, MD

2016-present **Committee Member**, Student Wellness Advisory Board
Uniformed Services University, Bethesda, MD

2015 **Mental Health Services Brief to Air Force Surgeon General**
20th Medical Group, Shaw AFB, SC

- 2013 **Medical Group Briefing and Tour to Sumter Civic Leaders**
20th Medical Group, Shaw AFB, SC
- 2013-2016 **Ad hoc Mental Health Representative**, Population Health Working Group,
20th Medical Group, Shaw AFB, SC
- 2013-2016 **Ad hoc Mental Health Representative**, Deployment Availability Working
Group, 20th Medical Group, Shaw AFB, SC
- 2008-2009 **Department of Psychology Senator**, Graduate Student Association,
University of Miami
- 2009-2011 **Founder and Alumni Advisor**, Delta Lambda Chapter of Phi Sigma Pi
National Honor Fraternity, *University of Miami*
- 2006-2007 **President**, Alpha Kappa Chapter of Phi Sigma Pi National Honor Fraternity,
University of North Carolina at Chapel Hill

EDITORIAL EXPERIENCES

Editorial Board

Contemporary Behavioral Health Care

Ad-Hoc Reviewer

Anxiety, Stress, & Coping

Current Psychiatry Reviews

International Journal of Adolescent Medicine and Health

Journal for Research on Adolescence

Journal of Adolescence

Journal of Child and Adolescent Substance Abuse

Journal of Clinical Child and Adolescent Psychology

Journal of Genetic Psychology

Military Medicine

Student Convention Poster Award Reviewer; *Society for Research on Adolescence*

Student Travel Award Reviewer; Child and Adolescent Anxiety Special Interest Group
Association for Behavioral and Cognitive Therapies

HONORS AND AWARDS

- 2016 **Company Grade Officer of the Year**, Air Force Medical Element Dept of Defense
- 2016 **Air Force Commendation Medal**, 20th Medical Group
- 2015 **Air Force Achievement Medal**, United States Air Force Central Command
- 2014 **Company Grade Officer of the Quarter**, 20th Medical Operations Squadron
- 2013 **Provider of the Quarter**, 20th Medical Group

- 2013 **Provider of the Quarter**, 20th Medical Operations Squadron
- 2011 **Kirk R. Danhour Memorial Award**, University of Miami Dept of Psychology
- 2011 **Summer Research Fellowship**, College of Arts and Sciences, University of Miami
- 2011 **Belfer-Aptman Dissertation Research Award**, The Melissa Institute for Violence Prevention and Treatment
- 2011 **Dissertation Award**, Fred C. and Helen Donn Flipse Research Support Fund, University of Miami Dept of Psychology
- 2010 **Dissertation Award**, University of Miami Dept of Psychology Child Clinical Track
- 2010 **Excellence in Campus Leadership Award**, American Psychological Association of Graduate Students
- 2009 **Outstanding Teaching Assistant Award**, University of Miami
- 2008 **Outstanding Teaching Assistant Award**, University of Miami
- 2007 **College of Arts and Sciences Dean's Top-Up Award**, University of Miami
- 2007 **Robert J. Park Memorial Scholarship for Graduate Study**, Alpha Kappa Chapter of Phi Sigma Pi, National Honor Fraternity
- 2006 **Phi Beta Kappa**
- 2003-2007 **Dean's List**, all semesters, University of North Carolina at Chapel Hill

PROFESSIONAL AFFILIATIONS

American Board of Clinical Psychology (ABCP)
American Psychological Association (APA)
Association for Behavioral and Cognitive Therapies (ABCT)
Collaborative on Healthy Parenting in Primary Care
Society for Military Psychology (APA Division 19)
Society of Pediatric Psychology (APA Division 54)

REFERENCES AVAILABLE UPON REQUEST
